



## Boston Amateur Swimming Club

### Open Long Course Records

#### Male / Open



Event	Name	Time	Competition	Location	Date	Age on Day
<b>50m Freestyle</b>	Patrick Ikkena	00:24.69	National Youth Champs	Sheffield	07/08/2010	16 Years
<b>100m Freestyle</b>	Patrick Ikkena	00:53.93	National Intercounty Champs	Sheffield	18/08/2009	15 Years
<b>200m Freestyle</b>	Lewis Moses	02:04.23	Midlands Youth	Coventry	30/04/2005	15 Years
<b>400m Freestyle</b>	Ben Marsters	04:22.46	Midlands Youth	Coventry	03/05/2004	17 Years
<b>800m Freestyle</b>	Rico Bringeman	9.06.17	International Open Meet	Cardiff	24/05/2019	14 Years
<b>1500m Freestyle</b>	John Revell	17:00.00	National Long Course	Crystal Palace	1983	16 Years
<b>50m Backstroke</b>	Ben Pogson	00:28.57	Midlands Youth	Coventry	04/05/2008	16 Years
<b>100m Backstroke</b>	Ben Pogson	01:01.47	British Champs		31/03/2008	15 Years
<b>200m Backstroke</b>	Ben Pogson	02:13.94	British Champs		02/04/2008	15 Years
<b>50m Breaststroke</b>	Ben Marsters	00:31.79	Midlands LC	Coventry	29/11/2003	17 Years
<b>100m Breaststroke</b>	Sam Wright	01:12.27	Swim Swansea LC Meet	Swansea	16/05/2009	16 Years
<b>200m Breaststroke</b>	Ben Marsters	02:33.86	Midlands LC	Coventry	29/11/2003	17 Years
<b>50m Butterfly</b>	Ben Pogson	00:27.84	Midlands Youth	Coventry	03/05/2008	16 Years
<b>100m Butterfly</b>	John Revell	01:02.80			*1984	16 Years
<b>200m Butterfly</b>	Rico Bringeman	2.17.53	Winter Meet	Corby	22/12/2019	14 Years
<b>200m IM</b>	Lewis Moses	02:20.62	Midlands Youth	Coventry	30/04/2005	15 Years
<b>400m IM</b>	Rico Bringeman	4.56.46	British Championships	Glasgow	25/07/2019	14 Years



## Boston Amateur Swimming Club

### Open Long Course Records

#### Female



Event	Name	Time	Competition	Location	Date	Age on Day
<b>50m Freestyle</b>	Melanie Marshall	00:26.85	Sjaellands Open	Copenhagen	14/01/1996	14 Years
<b>100m Freestyle</b>	Melanie Marshall	00:57.62	7 Nations Meet	Eindhoven	06/04/1996	14 Years
<b>200m Freestyle</b>	Rachel Menzies	02:10.30	National Age Groups	Blackpool	1984	15 Years
<b>400m Freestyle</b>	Melanie Marshall	04:34.55	District Age Group	Coventry	16/07/1996	14 Years
<b>800m Freestyle</b>	Kieva Clegg	09:35.95	Scottish Summer Meet	Aberdeen	13/07/2018	16 Years
<b>1500m Freestyle</b>	Susannah Yielding	20.06.75	Northants & Lincolnshire	Corby	13/02/2010	14 Years
<b>50m Backstroke</b>	Melanie Marshall	00:33.19	Midlands Age Groups	Coventry	03/07/1994	12 Years
<b>100m Backstroke</b>	Melanie Marshall	01:04.02	Two Nations Meet	Swindon	14/12/1996	14 Years
<b>200m Backstroke</b>	Rachel Menzies	02:23.60	National Age Groups	Blackpool	1984	15 Years
<b>50m Breaststroke</b>	Kieva Clegg	00:36.48	E. Midlands Champs	Sheffield	06/05/2019	17 Years
<b>100m Breaststroke</b>	Kieva Clegg	01:17.54	City of Derby L1 Meet	Sheffield	14/01/2017	15 Years
<b>200m Breaststroke</b>	Kieva Clegg	02:44.89	Scottish Summer Meet	Aberdeen	15/07/2018	16 Years
<b>50m Butterfly</b>	Melanie Marshall	00:30.57	District Age Groups	Coventry	01/07/1995	13 Years
<b>100m Butterfly</b>	Kieva Clegg	01:07.85	Scottish National Age Groups	Aberdeen	01/04/2017	15 Years
<b>200m Butterfly</b>	Kieva Clegg	02:25.58	City of Derby L1 Meet	Sheffield	14/01/2018	16 Years
<b>200m IM</b>	Rachel Menzies	02:25.00	National Age Groups	Blackpool	1984	15 Years
<b>400m IM</b>	Kieva Clegg	05:07.19	British Summer Champs	Sheffield	24/07/2018	16 Years